

## Adult nursing scenario

Nursing history

**Identity** (biographical data) (client's profile )

name : Sim Man 3G

age: 35 years

gender: Male

occupation : farmer

Level of education : illiterate

Address: Basra / Abolkasib discrete

religion: Muslim

Admission data 25/ October / 2015

transferred from : emergency

client's condition stable

next of kin (informant) ( accompanied by ) his brother

**chief complaint & its duration: shortness of breath for 3 days before admission**

**confirmed medical diagnosis : bronchial asthma**

**surgical or medical intervention: on nebulizer**

**history of present illness:** the condition started as **shortness of breath for 3 days before admission** , it comes gradually , induced by exertion of any mean like walking, running and going upstairs , SOB is more during expiration and more at night , exacerbated by

dust , the patient is sleeping in sitting position , associated with cough and wheeze . I go to emergency department , where ventolin nebulizer and Oxygen has been utilized , then IV medication had been given , then I had referred to medical ward , in the medical ward , spirometer exam and CXR has been done , and a new lines of medication has been started , and I am now is well

### **past medical history :**

**A known case of BA since 1996 , on steroid and salbutamol inhalers , came many time for causality for nebulizer and Oxygen , I was admitted frequently to medical department in different hospitals**

- 1- Childhood diseases : measles , mumps , rubella, whooping cough , diphtheria , tetanus , polio , chickenpox , scarlet fever , rheumatic fever
- 2- Adulthood diseases : diabetes mellitus , hypertension , ischemic heart diseases , rheumatic disease , **bronchial asthma** , epilepsy , parkinsonism , peptic ulcer , blood diseases ( SCD ,G6PD Def. Thalassemia) , cancer and chronic renal failure
- 3- Psychiatric illness : Depression , HYS , Schizophrenia ,psychopath
- 4- Injuries& accidents : burn , fracture , head injuries
- 5- Hospitalization & operations (cause , type& time) admitted for the management of BA
- 6- Current medications --- **steroid and salbutamol inhalers**
- 7- Allergies(dugs , food , others )
- 8- Immunization & vaccination
- 9- Blood transfusion

### **Family history**

Father : died by chronic bronchitis

Mother : died by IHD

Brothers & sisters : BA

Diseases in the family : cancer , hypertension , heart disease, diabetes , epilepsy , mental illness , Tuberculosis , kidney disease , arthritis , allergies , asthma , alcoholism , obesity , sickle disease & thalasemia .

**NOTHING SIGNIFICANT OTHER THAN chronic bronchitis**

### **Social history**

Children 4

level of education mentioned

interests TV watching

financial status good

life style

smoking NO

drinking NO

exercise NO

nutrition meals usual diet

general awareness no healthy behavior

interpersonal relationships few friend

past development nothing interesting

living arrangement good housing

any domestic animal NO

water supply RO

sewage disposal Good

travel history NO

### **possible nursing Dx**

1- ineffective airway clearance

2- impaired gas exchange

3- ineffective breathing pattern

4- fatigue

5- activity intolerance

6- self care deficit

7- health management deficit

8- knowledge deficit

