

## Adult nursing scenario

Nursing history

**Identity** (biographical data) (client's profile )

name : Sim Man 3G

age: 40 years

gender: Male

occupation : carpenter

Level of education : primary school

Address: Basra / Al Hussein discrete

religion: Muslim

Admission data 25/ October / 2015

transferred from : emergency

client's condition stable

next of kin (informant) ( accompanied by ) his brother

**chief complaint & its duration: cough for 3 days before admission**

**confirmed medical diagnosis : bronchitis**

**surgical or medical intervention : case of acute bronchitis**

**history of present illness:** the condition started as **cough for 3 days minutes before admission** ,the cough is continuous , wet , come in bouts , worst at night , it is worsen by cold and dust , and also precipitated by lying down posture , associated with fever , pain

and nasal discharge , relieved by medication or drinking hot drink .  
The sputum is about tablespoon in amount , more at morning ,  
produced more at sitting position , mucopurulent in nature , green in  
colour , bad smell not associated with blood . The patient admitted to  
emergency ward , where physical examination was done , then the  
patient sent for CXR , where diagnosis of acute bronchitis was  
confirmed , the patient was admitted to medical ward , where suitable  
medications has been given , and the patient is well now .

### **past medical history :**

- 1- Childhood diseases : measles , mumps , rubella, whooping cough ,  
diphtheria , tetanus , polio , chickenpox , scarlet fever , rheumatic  
fever
- 2- Adulthood diseases : diabetes mellitus , hypertension , ischemic heart  
diseases , rheumatic disease , bronchial asthma , epilepsy ,  
parkinsonism , peptic ulcer , blood diseases ( SCD ,G6PD Def.  
Thalassemia) , cancer and chronic renal failure
- 3- Psychiatric illness : Depression , HYS , Schizophrenia ,psychopath
- 4- Injuries& accidents : burn , fracture , head injuries
- 5- Hospitalization & operations (cause , type& time)
- 6- Current medications
- 7- Allergies(dugs , food , others )
- 8- Immunization & vaccination
- 9- Blood transfusion

### **Family history**

Father : died by chronic bronchitis

Mother : died by IHD

Brothers & sisters : no any illness

Diseases in the family : cancer , hypertension , heart disease,  
diabetes , epilepsy , mental illness ,Tuberculosis , kidney disease ,  
arthritis , allergies , asthma , alcoholism , obesity , sickle disease &  
thalasemia .

**NOTHING SIGNIFICANT OTHER THAN chronic bronchitis**

## **Social history**

Children 4

level of education mentioned

interests TV watching

financial status good

life style

smoking : 40 cigarette per day

drinking NO

exercise NO

nutrition meals usual diet

general awareness no healthy behavior

interpersonal relationships few friend

past development nothing interesting

living arrangement good housing

any domestic animal NO

water supply RO

sewage disposal Good

travel history NO

## **possible nursing Dx**

1- ineffective airway clearance

2- impaired gas exchange

3- ineffective breathing pattern

4- fatigue

5- activity intolerance

6- self care deficit

7- health management deficit

8- knowledge deficit