

Home care

# Objectives

At the end of the lecture the students be able to understand the followings :

- 1-Definition of home care .
- 2- Providers and recipients of home care .
- 3- Responsibilities of home care providers .
- 4- Benefits of physical activity for elderly.
- 5- Definition of elderly abuse .

# Home care

A skilled nurse care to patients on an intermittent basis in their place of residence.

This is performed in accordance with physician orders and plan of care under the direction and supervision of the health directorate.

A comprehensive health care services are provided to individuals and families in their places of residences for the purpose of promoting , maintaining or restoring health

# The providers

- 1- registered nurses •
- 2-physical therapist •
- 3-speech therapist •
- 4- occupational therapist (bathing ,cooking ) •
- 5- social workers •

# Nurse QUALIFICATIONS

- 1) Graduate from school of practical nursing or nursing institute or college of nursing .
- 2) (2) year experience in nursing, preferred.
- 3) Ability to exercise initiative and independent judgment.

# Recipients

- 1- acutely ill client •
- 2- people with AIDS •
- 3- elderly •
- 4- terminally ill client •
- 5- high risk pregnant women •
- 6- ill infant and children •

# RESPONSIBILITIES

- 1-Performs the initial evaluation visit and regularly reevaluates the patient's nursing needs. •
- 2-Initiates the plan of care and necessary revisions. •
- 3-Performs services in accordance with the plan of care. •
- 4-Prepares clinical and progress notes for each patient visit and summaries .



5- Coordinates services.

6- Counsels the patient and family/significant others in meeting nursing and related needs.

7- Processes orders and notifies physician of patient needs and changes in condition.

8- Refers to Physical Therapists, Speech Pathologist, Occupational Therapist and Medical Social Worker those patients requiring their specialized skills.

9- Supervises and teaches other nursing personnel.

10- Nurse Is available for on-call duty nights, weekends and holidays, as assigned.

# Care of the elderly

Aging is the maturation and senescence of the biological systems . •

Senescence is the progressive deterioration of the body systems that can increase the risk of the mortality as an individual gets older •

Social support •

1- society •

2- neighborhood •

3-individual •

# Abuse and violence

Elderly abuse is defined as the mistreatment , •  
neglect , or exploitation of the elderly person

# Diet

Malnutrition , obesity , elevated cholesterol •  
level , dehydration and consumption patterns  
(smoking , alcohol )

# Physical activity

Exercise by elderly people can : •

1-prevent disability and hospital admission , •

2-improves lipid profile

3-Reduce body fat •

4-prevent osteoporosis •

5-cancer prevention •

6- gallstone prevention •

# Medication use

Taking multiple prescription •

Using the over-the-counter medications •  
and herbal therapies



# Quiz

- 1- What do home care mean ?
- 2- Who provide home care ?
- 3- What are the responsibilities of home care providers ?
- 4- What are the benefits of physical activity for elderly ?
- 5- Define elderly abuse .

Thank you