### **Dimensions of Health**

- 1- Physical: mechanistic function of body
- 2 Mental: ability to think and make judgments
- 3 Emotional: recognize emotions such as; fear, joy, and anger
- 4 Spiritual: ability to put into practice moral, religious or beliefs to achieve peace of mind

### Dimensions of health

- 5 Sexual: acceptance and ability to achieve a satisfactory expression of one's sexuality
- 6 Social status: the basic infrastructure necessary for health such as; shelter, peace, food, income, a certain degree of integration or division within society
- 7 Environmental: physical environment includes housing, transport, sanitation, availability of clean water, pollution control
- 8 Social: the ability to make and maintain relationships with others

### Attributes (criteria) of community health nursing

#### 1 – Population consciousness:

This specialty has the awareness of factors that impinge on the health of populations.

#### 2 – Orientation to health:

Emphasis on health promotion and disease prevention rather than cure of illness. The major goal of CHNs is to promote client's highest level of physical, emotional, and social well-being.

### Attributes (criteria) of community health nursing

- 3 Autonomy (self-direction)
- 4 Creativity
- 5 Continuity
- 6 Collaboration
- 7 Intimacy
- 8 Variability: CHNs deal with different levels (individual, family, or population group)

# Roles & Functions of Community Health Nurse

#### A. Regarding client:

- 1 Caregiver
- 2 Educator
- 3 Counselor
- 4 Referral
- 5 Case manager: coordinates and directs the selection and use of health care services to meet clients needs, and solve their problems.

## Roles & Functions of Community Health Nurse

- B- Regarding delivery of health care (delivery-oriented) role
- 1 Coordinator /care manager
- 2 Collaborator
- 3 Liaison

## Roles & Functions of Community Health Nurse

- C. Population-oriented role
- 1 Case finder
- 2 Leader
- 3 Change agent (changing behaviors)
- 4 Community mobilize ( to implement strategies that address local concerns )

# Roles & Functions of Community Health Nurse

- 5 Policy advocate (policy that influence the health of population groups)
- 6 Social marketer: social marketing is the application of commercial marketing technologies to the analysis, planning, execution, and evaluation of programs designed to influence the behavior of the society.
- 7 Researcher