Dimensions of community health nursing

A model designed to incorporate public health concepts into CHN practice, including the nursing process and the levels of prevention
The model consists of three elements

a - The dimensions of health
b - The dimensions of health care
c - The dimensions of nursing
a - The dimensions of health

1 - Biophysical dimension :-
* Age
* Genetic inheritance
* Physiologic function
The dimensions of health

2 - Psychological dimension :-
* Internal psychological environment ; ability to cope with stress
* External psychological environments ; stressful life events
3 - Physical environmental dimension

* physical environment; weather, geographical locale, soil composition, temperature, radiation

* environmental hazards; exposure to pathogens, allergens, pollution
4 - Sociocultural dimension

factors within the social environment that influence health positively or negatively

* social structure; employment, economic, political
* societal norms; culturally accepted behaviors
* societal attitude; stigma attached to HIV infection
* social action; legislation to immunization
5 - Behavioral dimension

includes the personal behaviors that either promote or impair health;

* Dietary practices
* recreation & exercise
* substance use & abuse
* sexual activity
6 - The health system dimension

It refers to the way in which the health services are organized and provided

Characteristics

* availability
* accessibility
* affordability
* appropriateness
* adequacy
* acceptability
B - Dimension of health care

The dimension that covers the plan for the nsg intervention to the identified health needs and problem

1 - Primary prevention: prevention of the occurrence of a condition or a problem; health promotion, illness and injury prevention
2 - Secondary prevention: screening, diagnosis, treatment
3 - Tertiary prevention: prevention of recurrence of the problem
C - Dimension of nursing

includes:

* Cognitive dimension; knowledge
* Interpersonal dimension: effective elements include attitude and value of the CHNs that effect her ability to practice, and interaction skill, of communication and collaboration
* Ethical dimension
* Skills dimension: manipulative skill (the ability to perform) and intellectual skill (capacity for critical thinking)
Process dimension

Nursing process
Health education process
Home visits process
Case management process
Leadership process